

Free
Caregiver
Conference

9th Annual



Map
Norris
Conference
Center

Striking a Balance

Saturday, September 18, 2010

2525 West Anderson Lane, Northcross Mall
Norris Conference Center, Red Oak Ballroom
9 AM - 2 PM (Doors Open at 8:30 AM)

Light breakfast and lunch will be provided at this FREE conference

Registration Deadline: Friday, September 10, 2010

To Register [click here](#) Or go to our website <http://www.aaacap.org/>
Questions or Assistance call 512-916-6180

Elderhaven Adult Day Care Center of Austin & Williamson Counties will provide free respite for caregivers the day of the conference. Reservations are required: 512-458-6305.

Participants will discover local caregiver resources, acquire skills to better manager their caregiving situation, and connect with other caregivers and local experts on aging.



Keynote Speaker: Jim Comer
The Joys and Jolts of Parenting your Parents

In 1966, Jim made the transition from child to caregiver and has found it enriching, exhausting, and rewarding. An only child, he moved back to Texas from Los Angeles to help care for his parents when his father had a stroke and his mother was diagnosed with Alzheimer's. Jim chronicles the ups and downs of becoming an overnight parent in a heartwarming *often humorous* talk filled with practical insights for those who may face similar challenges.

Afternoon Speaker: Nathan Pope, Pharm. D.
Potentially Inappropriate Medications for the Elderly

Dr. Pope is on staff at the University of Texas and owner of Live Oak Pharmacy.
He is the AAACAP provider for the Medications Screening service.



AGE and the Area Agency on Aging of the Capital Area (AAACAP) partner to provide a wide range of services and information for caregivers and older adults. As partners, AGE and the AAACAP provide: Information Resource Centers, Benefits Counseling, Caregiver Education and Support Programs, Caregiver Support Coordination, Adult Day Care Centers, and a Durable Medical Equipment Lending Service.

