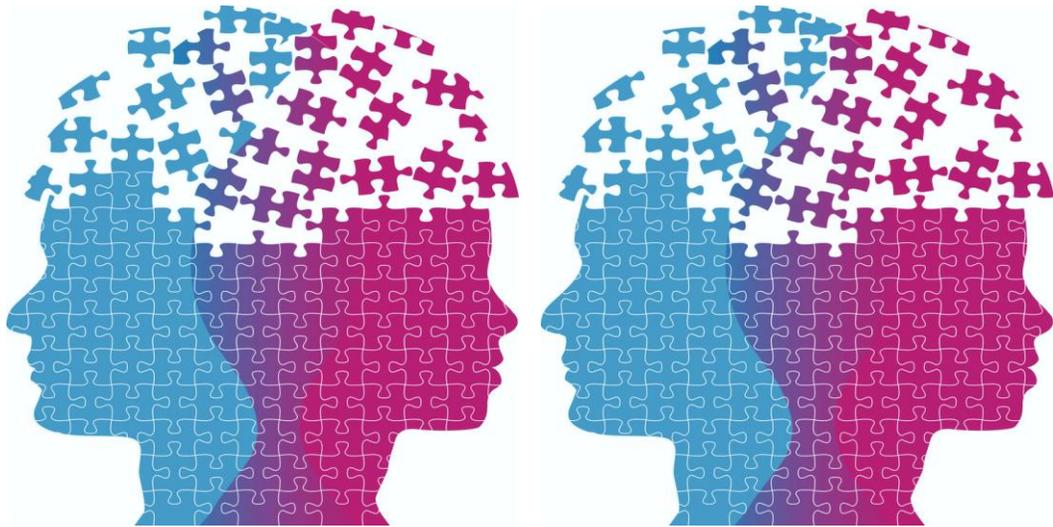


DRUG FACTS: BUILDING AWARENESS OF SUBSTANCE USE, MISUSE, AND DEPENDENCE AMONG TEENS

Free workshops for parents, educators, counselors, and other professionals who work or interact with teens.



The **Texas Juvenile Crime Prevention Center** at **Prairie View A&M University** offers multiple workshops dedicated to enhancing your understanding of substance use and misuse as well as dependence among teens. CEUs are available.

Course Instructor: Angela Broadus, PhD; Training Specialist, Texas Juvenile Crime Prevention Center, College of Juvenile Justice & Psychology, Prairie View A&M University (Prairie View, TX)

Two-Hour Workshops:

Core Topics: These workshops build upon one another and build the foundation for understanding the drug-specific education

1. Core 1: Addiction: How Attitudes and Beliefs Drive Behavior

Describe various beliefs about addiction and explain the association between these beliefs and our behavior

2. Core 2: Understanding the Science of Addiction

Describe how the brain's reward center functions in substance use and explain what it means when we say that "drugs have hijacked our brain"

3. Core 3: Influencing Choices: Reducing Risk and Increasing Protective Factors
Now that we better understand substances of use, we will learn about the risk and protective factors that influence the choice to use. We also will discuss what prevention steps we can take to reduce these risks and increase the protective factors.
4. Core 4: Community Capacity: Developing the Tools for Change (**Workshop under development**)
This workshop is designed for communities desiring to develop the tools to reduce substance use/misuse among their teenage population. Based upon SAMHSA's Strategic Prevention Framework, participants will learn how to assess and respond to community juvenile needs, plan and implement strategies to reduce risk factors and increase protective factors, evaluate their successes and areas in need of improvement, and build their community capacity for change.
5. Core 5: Reducing Risk: Combatting Teen Stress through Skill Development (**Workshop under development**)
Research has shown that childhood exposure to stress increases vulnerability to later substance use. In this workshop, participants will learn about the ACES (Adverse Childhood Experiences) outcomes, along with development of teen-relevant stress reduction cognitive and behavioral skills.

Drug-Specific Topics: These workshops can be held in any order as desired. In addition, we can provide one, two, or all.

6. Drug-Specific 6: What Your Teen Doesn't Know: Marijuana and Synthetic Cannabinoids
Develop an understanding of substance use, misuse, and dependence, followed by information about marijuana and synthetic cannabinoids
7. Drug-Specific 7: What Your Teen Doesn't Know: Stimulants and Synthetic Cathinones
Develop an understanding of substance use, misuse, and dependence, followed by information about stimulants and synthetic cathinones
8. Drug-Specific 8: Tobacco and e-Cigarettes: Vaping Is Not the Solution to Dependence
Describes the biological and neurobiological effects of nicotine, followed by an examination of current tobacco use trends among adolescents.
9. Drug-Specific 9: Opioids, Prescription Drugs: Rising Concerns Among Adolescents (**Workshop under review**)
Develop an understanding of opiates/opioids and prescription drugs; how these affect the brain and body; and, what our teens are finding in your homes and on the street.

10. Drug-Specific 10: Under-age Drinking: Culture, Peer Pressure, Beliefs, and the Teen Brain (**Workshop under development**)

Develop an understanding of the relationship between peer pressure, beliefs, and alcohol use among teens; how this drug effects the developing body and brain; and, how to increase relevant protective factors while providing skills to counter the risks.

11. Drug-Specific 11: Entactogens, Entheogens, and Empathogens: The Teenage Lure of Finding Oneself (**Workshop under development**)

Develop an understanding of the relationship between consciousness-altering drugs and the teens normal search for identity. Develop an understanding of the biological and neurobiological effects of these drugs, and the hidden harms associated with use.