



6800 Burleson Road, Building 310, Suite 165
Austin, Texas 78744-2306
Ph: 512-916-6000 Fax: 512-916-6001
www.capcog.org

BASTROP BLANCO BURNET CALDWELL FAYETTE HAYS LEE LLANO TRAVIS WILLIAMSON

Preparedness Month Daily Tip

September is National Preparedness Month. To help CAPCOG residents become better prepared for all types of emergency situations, CAPCOG will be posting preparedness tips every day during the month of September on its social media accounts. Please feel free to use all these tips on your own social media account or share them from CAPCOG's accounts.

September 1:

Stay hydrated when it's hot. Don't wait until you are thirsty to drink something – but no alcohol or caffeine. Drink more water!

September 2:

Always listen to or look up a weather report before you leave your home, especially in changing or threatening weather conditions.

September 3:

Never leave infants, small children, or pets in a parked car. Temperatures inside can reach dangerous levels after just two minutes.

September 4:

Don't drive if you're tired, sleepy, or sick. Never take medicines that make you drowsy and drive. Driving under the influence is a crime.

September 5:

Never leave any type of fire burning unattended. It only takes moments for a fire to start and spread.

September 6:

Register all your family cell phone and work numbers with the CAPCOG Emergency Notification System WarnCentralTexas.org - [Free Emergency Alerts for Central Texas](http://WarnCentralTexas.org) .

September 7:

Check your family first aid kit. If you don't have one, get one. Put a copy of your insurance card in it and keep a kit in your car, too.

September 8:

Conduct family fire drills and practice evacuating your home. Designate a buddy and pick out a place to meet up – like a nearby park or ice cream parlor.

September 9:

Find your utility shut off valves and teach all adult family members how to safely turn them off. Keep any tools you need near the valves.

September 10:

If you smell natural gas in your home, leave! Get outside and away from the smell, then call 9-1-1 and follow their instructions.

September 11:

Be prepared for emergencies. Listen to officials in emergency situations. If you wait to evacuate, it may be too late.

September 12:

Clean out the lint from your clothes dryer lint trap after every use. At least twice a year, vacuum any lint that has collected in the filter area.

September 13:

Teach your children how to call 9-1-1 in an emergency. Never be afraid to call 9-1-1 for help.

September 14:

If weather conditions are changing or bad weather is threatened, charge your cell phone and keep it charged.

September 15:

Make an inventory of your valuables, with photos and receipts. Keep a copy along with other important documents in more than one place.

September 16:

Never drive into water. It only takes a few inches of water to sweep your car off the road. Remember, turn around, don't drown!

September 17:

Check your smoke alarms every month & change the batteries twice a year when time changes. Never cover smoke alarms while you are cooking.

September 18:

Never park your car in a yard or in a brushy area with tall grass. The heat from your engine can ignite debris underneath your vehicle.

September 19:

If there is a fire in your home, get out and stay out. Call 9-1-1 immediately. Never go back into a burning building.

September 20:

Flood waters are often contaminated by toxic chemicals. Do not play in flood waters or try to use it as drinking water.

September 21:

Don't forget to include your pets in your emergency plans. Create a pet first aid kit and put vaccination records and medications in it.

September 22:

Update important phone numbers, copies of important documents, medical and insurance information.

September 23:

Obey the Burn Ban! Do not start campfires, fire pits, or burn trash or brush. Wildfires are deadly.

September 24:

Scan and save copies of family photographs in an online photo storage service.

September 25:

Never drive around or past emergency barricades. They are put out for your safety.

September 26:

Keep enough food, water, and emergency supplies at your home to care for your family for at least seven days following an emergency.

September 27:

Purchase a NOAA Weather Radio and extra batteries to keep advised of emergency weather updates. Follow NWS on social media.

September 28:

Know your child's school emergency plan and incorporate it into your family emergency plan.

September 29:

Trim dead branches from trees, clean out gutters, and create a defensible space around your home.

September 30:

Don't be scared, be prepared! Make a plan and be ready for any emergency. Go to www.ready.gov for more information.