



Older Adults/Family Caregivers/Service Providers: Community Needs Assessment from the Area Agency on Aging of the Capital Area – 2023

The Area Agency on Aging serving the Capital Region is conducting this survey to collect your opinions about what matters most to the older adults and caregivers who live in your region.

Responses will guide their Area Plan for Aging Services and help determine the programs and services offered.

Please answer the following questions, which do not ask for your name or other identifying information. This survey takes approximately 10 minutes to complete.

Thank you in advance for your time and contributions. We value your perspective and greatly appreciate your participation in this important survey effort!

1. Are you employed or do you volunteer with an agency (nonprofit, government, or a for-profit entity) which provides services to older adults/unpaid family caregivers?
 - No (**Skip to Question #3**)
 - Yes

2. If you selected “Yes” for Question #1, please select the counties (or county) in which your agency serves older adults/family caregivers. Check all that apply.
 - Bastrop
 - Blanco
 - Burnet
 - Caldwell
 - Fayette
 - Hays
 - Lee
 - Llano
 - Travis
 - Williamson
 - Other (please specify) _____



3. Which categories best describe you? (Please select all that apply.)
- A. I am age 60 and above and have received services from the Area Agency on Aging.
 - B. I am under age 60 and have received services from the Area Agency on Aging.
 - C. I am age 60 or above and have NOT received services from the Area Agency on Aging.
 - D. I am a family caregiver (an unpaid caregiver who provides any type of physical/emotional care for an older adult who resides in a home setting).
 - E. None of the above. **(Skip to Question #5)**
4. If you selected A, B, C, or D for the question above, please select the county in which you live:
- Bastrop
 - Blanco
 - Burnet
 - Caldwell
 - Fayette
 - Hays
 - Lee
 - Llano
 - Travis
 - Williamson
 - Other (please specify) _____



5. In your opinion, how concerning are each of the following issues affecting older adults and their family caregivers?

	Highly Concerning	Somewhat Concerning	Not Very Concerning	Not Concerning At All
Physical health issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental health issues (including depression)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Isolation and loneliness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Digital access (access to Internet and training to use digital devices)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety within the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Financial Exploitation (including scams and fraud)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Neglect or abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



	Highly Concerning	Somewhat Concerning	Not Very Concerning	Not Concerning At All
Transportation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ability to carry out activities of daily living, such as walking, bathing, dressing, toileting, feeding, and grooming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting information about services and benefits available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food and nutrition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public benefits such as Medicare and Medicaid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home accessibility and safety (i.e. grab bars, ramps)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medical and legal concerns, such as powers of attorney and wills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safe and affordable housing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In-home care services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



6. In your own words, what are the top three needs to be addressed so that older adults can continue to live independently?

- a. _____
- b. _____
- c. _____

7. From the list of most common services listed below by the Area Agency on Aging, how would you RANK the IMPORTANCE of these services to older adults and family caregivers in your community? To rank, please label the items using the scale 1-5, with "1" being the most important and "5" the least important.

_____ **Home Delivered Meals:** Pre-prepared & delivered meals for homebound individuals

_____ **Congregate Meals:** Hot meals served at senior centers, housing complexes, and community centers

_____ **Health and Wellness Evidenced-Based Programs:** Programs that assist older adults improve their health and wellbeing. Examples include: A Matter of Balance Program, Chronic Disease Self-Management program, Diabetes Self- Management program, and Building Better Caregivers

_____ **Benefits Counseling:** Information and support that assists with Medicare enrollment and concerns, as well as access to Medicare Extra Help financial assistance programs, and advanced directives planning

_____ **Information, Referral and Assistance:** Information on various programs and services available to older adults and family caregivers in order to connect them to the assistance needed to meet their needs



8. From the list of most common services listed below provided by Care Coordination/Caregiver services by the Area Agency on Aging, how would you RANK the IMPORTANCE of these services to older adults and family caregivers in your community? To rank, please label the items using the scale 1-5, with “1” being the most important and “5” the least important.

_____ **Personal Assistance:** help with bathing, dressing, eating, using the toilet, or other personal care tasks

_____ **Homemaker Assistance:** Housekeeping, light meal preparation, provided for someone who cannot perform these tasks

_____ **Residential Repair:** Minor home repairs or modifications that are essential for their health and safety

___ **Health Maintenance:** assistance with the purchase of medications, nutritional supplements, glasses, dentures, hearing aids or health-related goods and services

_____ **Caregiver Respite:** Temporary relief for family caregivers who are caring for someone 60 and older

_____ **Caregiver Education, Training and Information:** information about available resources, educational topics and support for family members caring for aging loved ones with the focus on helping with their role as caregivers



9. Please check the top three ways that you get information about services for older adults:

- Word-of-mouth from friends or family
- Television
- Radio
- Health care provider
- Senior Center or Community Center
- Newspaper or magazine
- Internet websites related to older adults and/or family caregivers
- Social media such as Facebook, Twitter, Instagram, Pinterest etc. 2--1-1 (on the 2-1-1 Texas website or by calling 2-1-1)
- Other (please specify)

10. In your own words, what is the concern related to services for older adults that keeps you up at night?

11. Do you have any additional feedback on the needs of older adults and family caregivers in the Capital area region?



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**Please return your survey in the postage-paid envelope, provided for you,
as soon as possible or no later than Friday, May 19, 2023.**

Thank you again for participating in this survey. Your feedback is vital to informing the community and increasing the ability of the Area Agency on Aging of the Capital Area to serve older adults and family caregivers!

For more information on services for older adults and family caregiver, please contact the Area Agency on Aging of the Capital Area Information and Referral services at 888-622-9111 or 512-916-6062 or

aaainfo@capcoq.org.

Monday-to-Friday, 8 a.m.-5 p.m.

www.capcoq.org

