



A PROCLAMATION AUTHORIZING RECOGNITION OF NOVEMBER 2021 AS NATIONAL FAMILY CAREGIVERS MONTH

WHEREAS, 3.4 million family caregivers are the backbone of the Texas long-term care system, providing an estimated \$26 million worth of unpaid care each year; and,

WHEREAS, the total estimated annual economic value of uncompensated care provided by the nation's family caregivers is estimated at \$470 billion; and,

WHEREAS, CAPCOG recognizes family caregivers and the many identities and passions that enrich their lives are far too often overshadowed by their role as a family caregivers; and,

WHEREAS, the Area Agency on Aging of the Capital Area supports family caregivers by:

- providing respite services to help reduce stress and prevent burnout and allow continued participation in other important daily life activities and passions
- assisting caregivers with education, training and mental health services
- reminding caregivers of the importance of self-care to maintain good health

THEREFORE, BE IT RESOLVED, that the Executive Committee of the Capital Area Council of Governments declares the month of November 2021 to be National Family Caregivers Month in the CAPCOG Region to recognize support of family caregivers as key to the health and safety of older adults across the CAPCOG region.

Resolution adopted by the Capital Area Council of Governments Executive Committee on this 13th day of October 2021.

Judge Paul Pape, Chair
Executive Committee
Capital Area Council of Governments

Mayor Lew White Secretary
Executive Committee
Capital Area Council of Governments